



Session Seven

# The Eucharist and Justice

## THE EUCHARIST AND JUSTICE

### Opening Prayer

God of love,  
you set your heart upon the least of nations,  
and in the heart of Jesus  
you reveal your love to the merest of children.  
Make us simple enough to receive your great love,  
and strong enough to bear it to others.  
Grant this through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God for ever and ever. **Amen**

### Scripture *Micah 6:6-8*

'With what gift shall I come into the Lord's presence  
and bow down before God on high?  
Shall I come with holocausts,  
with calves one year old?  
Will he be pleased with rams by the thousand,  
with libations of oil in torrents?  
Must I give my first-born for what I have done wrong,  
the fruit of my body for my own sin?'

- What is good has been explained to you, man;  
this is what the Lord asks of you:  
only this, to act justly,  
to love tenderly  
and to walk humbly with your God.

## **Words of Pope Francis**

I want a Church which is poor and for the poor. They have much to teach us. Not only do they share in the *sensus fidei*, but in their difficulties they know the suffering Christ. We need to let ourselves be evangelized by them. The new evangelization is an invitation to acknowledge the saving power at work in their lives and to put them at the centre of the Church's pilgrim way. We are called to find Christ in them, to lend our voice to their causes, but also to be their friends, to listen to them, to speak for them and to embrace the mysterious wisdom which God wishes to share with us through them.

*Pope Francis, Evangelii Gaudium, para 198*

## **Reflection**

*Sue Ingham*

The reflection from Sue is available to download from [cliftondiocese.com](http://cliftondiocese.com).  
Play the video clip here.

## **Questions for conversation**

Identify, as an individual or group, at least one issue affecting your community and the wider world which is of particular concern to you?

How might the Holy Spirit be moving you to join with others to respond ?

What gifts have you received?

How might you use these gifts in the service of others?

**Re-read** the Scripture passage for this session. You may like to follow the reading with a time of prayer and intercession after which you might pray the **OUR FATHER**.

### **Final Prayer**

Lord Jesus Christ,  
in this most wonderful sacrament  
you have left us the memorial of your passion;  
deepen our reverence for the mystery of your body and blood,  
that we may experience within us the fruit of your redemption.  
You live and reign with the Father in the unity of the Holy Spirit,  
God for ever and ever. **Amen**